

Yoga Retreat in Costa Rica – St Petersburg Yoga

Relax, Refresh, Rejuvenate! January 3 to January 8, 2011 at Samasati Nature Retreat Enrollment Form

Name _____

Address _____

Telephone _____

Mobile phone _____

Email address _____

Challenges, Pain, Health issues _____

Tell us about your current Yoga practice _____

Emergency Contact _____

Name _____

Telephone _____

Email address _____

Food Choices/Preferences

___ Vegetarian ___ Vegan

Food Allergies? _____

Signature _____ Date _____

Please print, sign, date and send this form with your deposit to:

St Petersburg Yoga
275 16th. Street North
St. Petersburg, Florida 33705

Note: Once we receive your enrollment form and deposit we will send you the participant contract. You will also receive the participant information package with details about the trip, the location and the area. We need your signed copy of the contract before you leave for the retreat.

St Petersburg Yoga - 727-894-YOGA (9642) - 727-458-8664 - info@stpetersburgyoga.com